



WEST WITTERING



We are passionate about the water, whether you windsurf, kitesurf, surf or paddle it's all about having fun and learning new skills. Our school is dedicated to making sure you have a safe and structured lesson. We buy the latest and lightest equipment to make it as easy as possible. We also believe you should start young from 5 years old and keep out on the water until you're at least 70!

Our instructors are also super keen; it's an obsession.

All our lessons are planned for the best conditions in the daily tide cycle. We have small waves at high tide for surfing and shallow lagoons for low tide sessions. The sandy beach at West Wittering is an ideal location to start, learn and progress. We have jet ski rescue, changing rooms, showers and there are additional lifeguards on the beach during summer months.

Once you have started a new watersport we have plenty of options to keep you on the water with our club, hire scheme and shop.



2XS®THE OCEAN IS MY GYM

Getting into watersports is a perfect way to stay fit without hitting the gym! Whatever sport you choose you are going to be burning calories and enjoying yourself in the big outdoors. It's not only a physical way of getting in better shape its relaxing and has huge benefits to your mental wellbeing. So get out of the office, change your lifestyle, get away from your screen and use the ocean with 2XS to have a healthier life. #theoceanismygym



WWW.2XS.CO.UK TUITION@2XS.CO.UK 01243 513077

KITESURF

You'll be in our shallow, tidal lagoon surrounded by sand bars so you won't be crossing the channel just yet.

We are a fully registered BKSA school – you can enjoy full use of our club house facilities including showers and full rescue cover for the duration of your course.

Content: All beginners courses include certificates, wetsuits and equipment. We teach on the latest 2018 RRD & Ozone kites and RRD kite boards.

COURSES

Learn to Kitesurf BKSA modular course	5hrs	£115
	JIIIS	2110
Day 1 – Intro to Kitesurfing on land using power kites or in water		
using inflatable training kites, site assessment, safety, kite and bar		
setup, launch, landing, kite control and body drags.	_	
Day 2 – Introduction to the board – launching and landing kites on	5hrs	£115
land and water, continuation of body drags, upwind body drag,		
balance drags and introduction to boards and board starting, pack		
down and equipment knowledge		
Day 3 - Board starting - first rides, put on power control,	5hrs	£115
independent kitesurfing.		
Advanced Clinics choose from:		
1. Intro to jumping, transitions and back rolls, riding toeside	3hrs	£89
2. Jumping and kitelooping	3hrs	£89
3. Intro to wavekiting use a wave board and gybing.	3hrs	£89
Private 1:1 Improve your kiting with a 1:1 coaching session – we	£130 for	2 hrs
use new BB Talkin headsets so you can speak and listen to your	incl. kit	
Instructor. We cover everything from a beginner refresher,		
transitions, upwind, jumping, waves and kite foiling.		







WINDSURF

Want to spend your days flying across the water? Then windsurfing is your sport. You won't believe how easy it is to learn. With modern, wide-style boards, light rigs and our expert tuition you are guaranteed success.

Our beach is a great place to start and progress in windsurfing with a variety of conditions from flat water to waves, there's something for all levels.

Content: All beginners and improvers courses include wetsuits and all equipment.

COURSES

Windsurf taster – get into windsurfing – quick lessons on the basics, straight out on the water – it's simple – great in flat water – you will want to come back for more!	2hrs	£55
Windsurf Next Step – if you have done a beginners course and need a refresher this is the Next Step! We cover stance, gust control, faster tacks, gybes and harnessing.	2hrs	£55
Pro clinics – we run a number of Clinics throughout the year with Pete Hart and Sam Ross. These are displayed on our website.	1 day 2 day	£120 £200
Private 1:1 Improve your windsurfing with 1:1 coaching, we use new BB Talkin headsets we can cater all levels of windsurfing, non planing, carve gybes, jumping and windsurfing foiling	2hrs	£65 p/hr incl. kit

RYA courses/direct assessment are available on request. See www.2xs.co.uk for details of clinics.

BOOK YOUR ONLINE AT WWW.2XS.CO.UK 01243 513077

PADDLESURF

We set up our Paddlesurf school in 2006, one of the first venues to teach SUP in the UK.

Paddlesurfing is the fastest growing watersport in the world – come and join us in flat water or surf and try out this amazing new sport. Great for overall fitness and inner core strength.

Content: All courses include wetsuits and equipment. We teach on the latest stand up paddleboards.

COURSES

OCCITOEC		
Learn to SUP, BSUPA Level 1 – an introduction to this new and exciting sport – take off, first ride and use of paddle all in the safety of our calm tidal lagoon.	2hrs	£48
Ready to tour, BSUPA Level 2 – a 2 hour introduction to flat water touring we cover improving paddle technique, turns, foot steering, weather, tides, safety kit, exit points how to plan your own tours. This is run from the club and around the lagoons at low tide.	2hrs	£48
Paddlesurfari SUP/Downwinder SUP (min 10 people, Level 1 needs to have been completed) – Launch from West Wittering and ride the current in the tranquil water of Chichester harbour up to Itchenor/ Dell Quay – the actual water time is 2 hours but allow 30minutes travelling to get back to West Wittering.	2hrs	£58
Private 1:1 Improve your paddle strokes, turns, board control – learn to SUP surf or improve your paddle surfing in waves. We use our new two way BB Talkin headsets.	£40 p/hr excl. kit	£55 p/hr incl. kit

2XS Wave Clinic - call us for further details

BOOK ONLINE AT WWW.2XS.CO.UK 01243 513077







We get waves here! The sand bars throw up a small easy wave to surf, making it a great spot for beginners/longboarders and stand up paddlesurfers. There is plenty of space on the beach so no worries about overcrowding and we also hire out all of the equipment if you don't have your own.

You don't need to drive to Cornwall to get in the water and have some fun – the surf is right here at West Wittering.

COURSES

Learn to Surf - Get into surfing, learn to paddle, pop and catch	2hrs	£40
waves. All our beginners lessons are on soft deck longboards		
so you progress quickly. Our surfing courses have become		
really popular because we work very hard to make sure you		
get to paddle, stand up and get that first experience of riding		
the waves!		
Private 1:1 lessons	£40 p/hr	£55 p/hr
	excl. kit	incl. kit

We can split groups into adults, kids and/or families at the time of booking.

BOOK ONLINE AT WWW.2XS.CO.UK 01243 513077



Rippers[®] has been one of our flagship projects at 2XS[®] since 1998 – we believe that kids should get familiar with the ocean as soon as they can swim and get a feel for windsurf, surf, bodyboarding and paddlesurfing and understand the concept of tides and wind.

We teach kids on specifically designed Goya Surf Sails and we don't teach them like an adult, we use a "point and shoot" method and give the kids their first experience without all the theory. All our kids' courses include a 2XS Rippers® Certificate.

We have special wetsuits, small float jackets and we teach in shallow pools at low tide – safety is important to us so we have jet ski rescue and all our staff are first aid trained and carry 2 way radios at all times.

We are regularly inspected by AALA, RYA & West Sussex Schools Register.

COURSES

Rippers® Saturday Surf Club Age 7-12yrs (mix of sports according to conditions – starts in June through to mid September). Get down to the beach for a fun packed windsurf, surf or powerkite session (depending on the tides and weather each week). We provide all the gear, just turn up and be ready for action!	2hr	£35
Little Rippers® Surfing Age 5-7yrs An introduction to the Hawaiian sport of surfing – great fun for kids – learn to paddle, pop, ride and understand how to find the right part of the wave to ride. Includes free t-shirt!	2hrs	£48
Little Rippers® Windsurfing Age 5-7yrs The first step on the ocean for young guns. We use the same equipment as the rippers course but this is a more gentle introduction to the ocean with extra coaches who understand the needs of young kids braving the elements. Includes free t-shirt!	2hrs	£65
3 day Rippers® Course Age 7-14yrs An energetic, fun, 3 day introduction into windsurfing, surfing, SUP and powerkiting. We make use of safe shallow tidal lagoons with full rescue cover and to make sure kids learn about the ocean we teach them 'The 2XS Knowledge'®package. Includes free t-shirt!	3 x 4hrs	£175
1 day Rippers® Course Age 7-14yrs If you are not able to make one of our 3 day courses this 1 day multi-sport course will give you the chance to get a taste of the ocean and depending on the tidal conditions you can enjoy windsurfing, paddlesurfing, surfing or bodyboarding. Includes free t-shirt!	4hrs	£95
Advanced Rippers® Freestyle Wave Camp Age 11-18yrs Two days of intense fun with master coach Sam Ross, it's a great course for those who have done Team15 or Rippers® and want to progress into wavesailing and freestyle. You need to be planing to take advantage of the course, bring your own gear to use, plus your running shoes for fitness or we can supply kit at 50% off the normal hire rates. Includes a free t-shirt!	2 days	£120
Private 1:1 lessons	£40 p/ hr excl. kit	£55 p/ hr incl. kit







GROUPS

If you are looking for an exciting corporate/team building/or relaxing day to reward your team we are experienced in delivering this. We work with a number of companies who bring their staff – you can set the pace. We can provide you with risk assessments, our insurance certificate, a structured coaching plan and our qualified staff can deliver a great day out on the water.

We have run corporate days for a range of companies including Oneill, Scott Dunn, Nokia, Nandos, Vodafone, Sweaty Betty, Heineken, Montezumas, Carte Blanche, Brandwave, Belton Power, Orchard Street, Nuffield Heath and St Richards Hospital, all with different needs.

COURSES (prices based on min. 10 people)

Choose from windsurfing, powerkiting, paddlesurfing, 8 man SUP, surfing, volleyball, REAL frisbee and kayaking.

1/2 day	2hrs	£55
1 day	4hrs	£95
Evening session	1.5hrs	£45

Contact us if you require a quote

STAG/HENS

We create a tailormade course for you - just for your group!

A mixture of surf, windsurf and SUP – we also have an 8 man SUP! Includes all the equipment and use of the BBQ.

COURSES (prices based on min. 10 people)

COCIOCO MACCA CITATION TO POOPIO		
Surfing	2hrs	£55
Windsurfing	2hrs	£55
Stand up paddle surfing	2hrs	£55
Multi sport	2hrs	£55

SECURE YOUR DATE AT: TUITION@2XS.CO.UK 01243 513077 • WWW.2XS.CO.UK

SCHOOLS

Here at 2XS® we have a lot of experience teaching young people to get into the exciting world of watersports. We have been running our Rippers kids programme for 19 years and we start teaching from 5 years old to windsurf, surf and SUP.

We have worked with a mixture of primary/secondary schools and college groups and can tailor sessions to the school and students needs. The trip can be arranged to suit what your school is doing as part of a project/module, working towards a national governing body certificate/beach awareness or just a fun day on the water.

COURSES

We run courses for schools by the hour, half day or day – so if want a regular weekly session or just a one off – please call us and we can quote you.

INSTRUCTORS

If you are looking to get into teaching watersports or expand your existing qualifications at 2XS we run a mixture of Instructor courses for windsurf/kitesurf/SUP and Lifequarding throughout the year.

Our Training Team have a wealth of experience and can offer many extras over the standard Instructor course that will assist you in developing your Instructor skills and help you on your career path.

INSTRUCTOR COURSES

BSUPA Level 1 conversion course – ratio 1:8	1 day	£145
BSUPA level 1 course – ratio 1:8	2 days	£199
BSUPA level 2 ready to tour – ratio 1:8	2 days	£199
BSUPA level 2 ready to surf – ratio 1:8	2 days	£199
BKSA kite instructor course – ratio 1:8	5 days	£449
RYA Start windsurf course – ratio 1:8	5 days	£350

See full details and pre-regs on our website www.2xs.co.uk









2X5 2018 COURSE DATES – BOOK NOW AT

	KITESURF DAY 1	KITESURF DAY 2	KITESURF DAY 3	KITE PRIVATES	WINDSURF TASTER	WINDSURF NEXT STEP	WINDSURF PRIVATES	SURF
	16	24, 25, 26	10, 11, 12	18, 19	10	13	14, 15	17, 18
Mar	17 27, 28, 29			21, 22, 23	12 17		30	30
					24			
	10 10 14	. 7	0.0	1.0	0.7		10 10	4
	12, 13, 14 26, 27, 28	6, 7 21, 22	8, 9 10, 11	3, 4, 5	6, 7 9	8 11	10, 12 19, 23	5, 6
Apr		23, 24, 25		18, 19	13	19		13, 14, 15
Apr				20 30	15 22			20, 21 27,
					28			28, 29
	12, 13, 14		7, 8	2, 3, 4	5		3, 17	30 1, 2
	25, 26, 27	20	9, 10 11	15, 16, 17	7	23	28, 29 30	3, 4
May		21, 22 23, 24	- 11	18 29, 30, 31	9, 11 13		30	5, 6 12
					20			14, 15, 16
					24 26			17, 18, 19 26, 27
	10, 11, 12	21, 22	5, 6	1, 2, 3	5	6 11		1, 2, 3
	23, 24 25, 26		7, 8	14, 15,	8 10	23		4, 5 12, 13
lue				16, 17	12 22	26		14, 15
Jun				27, 28 29, 30	24			16, 17 25, 26
					27			28, 29
								30
	10, 11, 12 25	4 18, 19	5, 6	1, 2, 3	4, 5 8	6	29	1, 2
	23	20, 21	7, 8 22, 23	9, 14, 15	11	25		13
Jul			24	16, 17 27	15 21			15 17, 18
Jui				28, 29	23			24
				30, 31	26			26 29
	8, 9, 10 23, 24	3, 4 5, 6	19, 20 21, 22	1, 2 7	5, 9 11, 12	6 17	13 21	1, 2, 3 10, 12
Aug	20, 24	17, 18	21, 22	11, 12	19, 20	17	27	14, 15, 16
Aug		28, 29 30, 31		13, 14 15, 16	22, 23 25		28 29	26 30, 31
				25, 26				
	5 8	3 4	17, 18 19, 20	1, 2 5	3 5	2 4	5 10	1, 2
	22		10, 20	10, 11	8	17	11	10, 11
Sept		21		12, 13 14, 15	16, 18 20, 22	19	12 25	12, 13 14, 15
				24, 25	24		26	23, 24
				26, 27 28, 29, 30				27, 28 29, 30
	7	1	2, 3, 4	9, 10, 11	3	5	4	6, 7, 8
	20 21	5	17, 18, 19 31	12, 13, 14 24, 25, 26	5 6	15 16	11 18	9, 10, 11 12, 13, 14
Oct	22	15		27, 28, 29	14	19	.0	15, 20, 21
	23	16		30	17 20	22		22, 23, 24 25, 26, 27, 28

For Pro-Clinics, Private 1:1, Paddlesurfari & Family lessons please email tuition@2xs.co.uk - or call 01243 513077

WWW.2XS.CO.UK OR CALL US ON 01243 513077

PADDLE SURF	RIPPERS 1 DAY	RIPPERS 3 DAY	SATURDAY SURF CLUB	LITTLE RIPPERS
11 18 25 31				
1				
8 12 14 21				
24, 25 27, 29 4 6		29/30/31		
8 10, 11 12 14, 21, 22				
25, 27 7, 8 9, 10 13				
21, 22 25			23 30	
5, 6 7, 8	19 26	9/10/11 16/17/18	7 14	20 27
9, 10 13, 14 22 24		23/24/25 30/31/1 Aug		
3	2	6/7/8		3
4, 5 7, 8 18, 19 21, 22	9 16 23 30	13/14/15 20/21/22 27/28/29	11 18 25	10 17 24 31
24, 26 2 3, 4 9				
14 16 18, 19 21, 23				
30 1, 2 5, 7, 8 13				
17, 18 21 23				

TERMS AND CONDITIONS please read

Payments for all lessons are to be made in full at the time of the booking to confirm dates. We take credit/debit cards, and you can book on our website www.2xs.co.uk.

Cancellation notice:

We must receive in writing 21 days prior to the course commencing, after which time clients will fore fit their course fee. Course date changes must also be made 21 days in advance in writing for which you will not incur any costs.

2XS reserves the right to cancel course or change availability dates due to weather conditions, or any other technical issues. In these instances, alternative dates will be offered or a refund. We reserve the right to change lesson type from group to private if under 50% full and shorten course.

Weather conditions:

We will contact you in case of adverse weather or inadequate conditions – once a lesson is booked presume it will go ahead unless we contact you.

If using a gift voucher it is valid until the expiry date (12 months from issue date) and is not transferable for a cash refund.

Opening times

The office opens at 9am shuts at 6pm.You will need to pay any car parking fees when entering the private beach at West Wittering.

Medical Declaration/Health and Safety:

Any person having tuition must be medically fit to participate in their chosen watersport and be able to swim confidently. If you have any medical condition or take a medication that affects the activity you must inform your instructor and us before starting any course.

Under 18's:

Any child under 11 yrs. must have a parent/guardian on site at all times. For children over 11 yrs. parents can leave the site whilst their child is under instruction but must leave a contact telephone number and collect as the lesson finishes.

Whilst on a 2XS course it is vital that you observe the instructors safety guidance for your safety and the safety of others.

Risk:

There is an element of risk with any watersport, and the instructor is there for your safety, so their instructions must be followed to avoid exposure to any unnecessary risks. Please ensure you declare any medical issues/medication, your are aware that your fitness is suitable for the sport you wish to try, you are capable of swimming back to your gear, and must not participate in any lesson under the influence of drugs or alcohol.









2XS Ltd, West Wittering Windsurf Club, West Wittering, Chichester, West Sussex P020 8AU.
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Key: Dates that fall on a weekend or bank holiday shown in white.

FINISHED YOUR LESSONS... WHAT'S NEXT?

HIRF

You can hire equipment by the hour. We have loads of equipment available for all levels.

THE ULTIMATE HIRE PACKAGE

Sign up for our seasonal hire package which includes hire of windsurf, kitesurf, SUP and surf gear. We rig the kit – just book the day before. Cost is £750 for a year plus Club Membership.

MORE LESSONS

Our Team can help you with an Action Plan for your chosen watersport – we want to help you succeed

RIIY KIT

We can help you choose the correct kit. We have a number of special packages for windsurfing, paddlesurfing, kitesurfing and surfing.

JOIN THE CLUB

Enjoy the social side of your sport and join the club. We have modern changing rooms with gym style power showers, kitchen with tea and coffee, dry room and wi-fi. Single and family memberships are available.

Give us a call to discuss all the options on 01243 513077



